

## Mount Tom State Reservation

Massachusetts Department of Conservation and Recreation

# JULY—AUGUST 2022 PROGRAMS



All programs are free, open to the public, and meet at the Stone House Visitor Center unless otherwise noted. Park entrances are located on Route 5 or Route 141. All children must be accompanied by an adult. Reasonable accommodations available upon request. Please follow all current COVID guidelines. Visit Mass.gov/COVID for more guidance. For more information call the Stone House Visitor Center (413) 527-4805.

## **SUNDAYS** through **TUESDAYS**

#### VISITOR CENTER, 9:00 a.m.—10:30 a.m.

Located at the Stone House, intersection of Reservation and Christopher Clark Roads, 2 miles from either park entrance. Free admission. Exhibits on local natural and cultural history, park information. Visitor Center is also open 1:00-3:00 p.m. if no afternoon program occurs. Call (413) 537-4805.

#### **SATURDAYS**

#### LIFE AROUND THE LAKE, 10:30 a.m.—11:30 a.m.

Easy discovery walk exploring the flora and fauna that live in and around Bray Lake. Topics vary weekly. Meets at Bray Lake, near the warming hut/bathrooms. For all ages.

#### **SATURDAYS**

## EXPLORE MOUNT TOM HIKE, 1:00—3:00 p.m.

Each week a different trail: Whiting Peak, Beau Bridges, M-M Trail to Goat Peak or Nonotuck, Quarry Trail and more. Explore nature and history along the way. Bring water, insect repellant,

and snack. Best for Ages 8 and up.

#### **SUNDAYS**

#### BIRDING FOR BEGINNERS, 10:30—11:30 a.m.

Discover local feathered residents of Mount Tom. Learn birdwatching basics, how to use binoculars, guide books, and get a free bird list. Learn about other birding opportunities. Bring water, insect repellant. Have binoculars? Bring them too. All ages.

#### **SUNDAYS**

## FAMILY NATURE EXPLORATION, 1:00—2:00 p.m.

Different topics explored each week, including: salamander search, animal tracking, butterflies, wildflowers, hawk watches, great tree scavenger hunt, or make a bird feeder. All ages.

#### **MONDAYS**

#### SENIOR HIKE, 10:30—11:30 a.m.

Come join this easy-paced hike for seniors. Routes are mostly easy and the nature talk abundant. Bring water, insect repellant, and snack.

#### **MONDAYS**

## EXPLORER'S CLUB, 1:00—2:30 p.m.

Learn map reading skills, trail markings and proper hiking techniques and nature observation as we hike all the trails on Mt. Tom. Bring water, insect repellant, and snack. For ages 10-14.

## **TUESDAYS** In July

## JUNIOR RANGERS 10:30—11:30 a.m.

Four week program. Become a Jr. Ranger. Nature exploration through crafts and games. Attend 3 or all sessions and receive a certificate and patch! Bring water, insect repellant, snack. Children must be accompanied by an adult. Siblings and friends

welcome. For ages 5-9.

## **TUESDAYS** In August

## JUNIOR RANGERS 10:30—11:30 a.m.

Four week program. Become a Jr. Ranger. Nature exploration through crafts and games. Attend 3 or all sessions and receive a certificate and patch! Bring water, insect repellant, snack. Children must be accompanied by an adult. Siblings and friends

welcome. For ages 5-9.

#### **TUESDAYS**

#### ADVANCED HIKE FOR SENIORS, 1:00—2:00 p.m.

For seniors who want a more challenging hike. Routes are more difficult, but at a slower pace and with more stops. Bring water, insect repellant, snack.

#### **Mount Tom State Reservation**

125 Reservation Road, Holyoke, MA 01040 Tel: (413) 527-4805

